

### Ice Breaker

(in groups of 2 or 3 for larger groups)

Share something you hope will happen in your life 10 years from now

### Talk About it!

## Part 1

Read Romans 15:13

### Discuss:

- A. How would you define hope?
- B. What difference does it make to receive and experience joy and peace?
- C. How have you experienced joy and peace flowing into you as a result of knowing God as your source of hope?

## Part 2

Read Hebrews 6:18-20

### Discuss:

God made a promise to send the Savior, and God completed that with an oath or covenant to forgive your sin and make you new through Jesus' death and resurrection. How does that affect your life, your mindset, and your soul within you?

## Part 3

Read Hebrews 6:19

### Discuss:

If hope is an anchor, and that anchor could be a basket of heavy stones, what kinds of things would you want as 'stones of hope' in your anchor?

## Part 4

Pastor John shared about eight distinct stones of hope: gratitude, faith, love, worship, perseverance, testimony, connection, and scripture. Share about one of these that you currently engage with well. Share about two of these that you are lacking, and share how you will specifically step up your game with those two, so your anchor of hope will be strong and ready when needed!

### Part 5

Read Lamentations 3:19-26

**Discuss:**

A. How do these words affect your soul?

B. In what way do these verses give you both permission to express where you're pressed, but also to direct yourself forward?

C. How does hope figure in to making it through challenges?

### Part 6

Read Lamentations 3:21 again and read Romans 15:13, again (yes!)

**Discuss:**

How do you 'dare to hope'? Share about something for which you need more hope, and how God is and will be your source of hope for that.