

Ice Breaker

(in groups of 2 or 3 for larger groups)

Describe what would be an ideal “good day” for you!

Talk About it!

1. Read **1 Peter 3:10-12**

a. What have you learned about redefining “good days” according to God’s word?

2. Read **Philippians 4:6-7**

a. Pray to receive peace. Have you had a moment or season of anxiety and seen God come through with his peace as you prayed? Explain what happened.

3. Pastor Ann talked about prayer and petition. “Prayer” is talking with God and “petition” is specifically asking for things from God. Ephesians 6:18 says we are supposed to pray with ALL kinds of prayers.

a. Do you keep prayer journals, sing your prayers, call a group of friends to pray with you, etc.? Share about how you keep prayer as part of your daily life and the “all kinds of prayers” that you pray to God!

4. Read **Hebrews 12:14.**

a. Pastor Ann said to pray to receive peace and obey to keep peace. Can you share about a time when God called you to work for peace?

5. We can lose our peace through disconnection from Jesus, disobedience, and discontent.

a. Are any of these things at work in your life to steal your peace? Share and pray for one another.

6. What is one takeaway or step you can take based on what we've talked about? Is there anything the group can do to support you in that?

Scripture Reference Questions 1-4

QUESTION 1

1 Peter 3:10-12 NLT

For the Scriptures say, "If you want to enjoy life and see many happy days, keep your tongue from speaking evil and your lips from telling lies. Turn away from evil and do good. Search for peace, and work to maintain it. The eyes of the LORD watch over those who do right, and his ears are open to their prayers. But the LORD turns his face against those who do evil."

QUESTION 2

Philippians 4:6-7 NLT

Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.

QUESTION 3

Ephesians 6:18 NLT

Pray in the Spirit at all times and on every occasion. Stay alert and be persistent in your prayers for all believers everywhere.

QUESTION 4

Hebrews 12:14 NLT

Work at living in peace with everyone, and work at living a holy life, for those who are not holy will not see the Lord.